VICTUS⁸⁸ DIETARY ANTIGEN TEST KIT

(SERUM) SPECIMEN COLLECTION & SHIPPING INSTRUCTIONS



REVIEW TEST KIT CONTENTS:

- •(2) Blood Serum-Separating Tubes (SST)
- •(1) Small transport vial for serum
- ·(1) Pipette
- •(1) Biohazard Specimen Transport Bag
- •(1) Silver Insulated Envelope
- ·(1) Freezer Cold Pack
- ·Pre-paid Return Shipping Label & Mailer
- ·Laboratory Requisition Form/Barcode label

** Please contact us if any items are damaged or missing

IMPORTANT TEST REQUIREMENTS:

- · Steroids should be discontinued at least 72 hours before testing.
- · Keep samples refrigerated (2 8 C°) until shipment. DO NOT FREEZE THE SAMPLE.
- · Samples must be received within 6 days of specimen collection (Mon-Thurs ONLY)

PLEASE READ ALL INSTRUCTIONS COMPLETELY BEFORE BEGINNING TEST KNOW YOUR GUT

SCHEDULE YOUR LAB APPOINTMENT:

OPTION 1: Take your test kit to a lab near you. Schedule an appointment with any nearby clinic or healthcare facility that is capable of performing this collection (i.e., hospital laboratory, outpatient lab setting, physician's office, or local health department). *Blood draw samples must be centrifuged prior to shipping.

OPTION 2: Stay home and let us come to you. Book your lab appointment with one of our mobile collection partners in your area, and a phlebotomist will come to your home or work to collect your sample and ship it safely back to our lab.

> Scan the respective QR code to schedule vour at-home blood draw through one of our mobile partners:





*additional fees will apply for blood draws.

SEE REVERSE SIDE FOR SAMPLE COLLECTION AND SHIPPING INSTRUCTIONS

For assistance with sample collection or shipping, please contact Biovision Diagnostics Client Services at help@biovisiondx.com or call (618) 690-9555.





COLLECTION INSTRUCTIONS:

- * PLACE PROVIDED COLD PACK IMMEDIATELY INTO FREEZER FOR AT LEAST 4 HOURS BEFORE SHIPPING
- 1. Draw blood and collect into the two (2) provided SST tubes.
- 2. Invert the (2) SST tubes gently 6 times and allow blood to clot (between 30-45 mins).
- 3. Centrifuge the blood for 15-20 minutes.
- 4. If gel barrier still has red cells above gel, spin down for an additional 5 minutes.
- Transfer the serum from the SST tubes into the provided 5ml (blue cap) transfer tube using the included pipette.
- Peel one bar code label sticker from printed req form and affix lengthwise to serum transfer tube.
- 7. Store the sample in a 2-8°C refrigerator until ready to ship.

DO NOT FREEZE, FROZEN SAMPLES CANNOT BE PROCESSED

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SHIPPING INSTRUCTIONS:

- Make sure the serum transport tube is properly labeled and cap is tightly secured, IMPROPERLY LABELED TUBES CANNOT BE PROCESSED.
- 2. Place the serum transport tube inside the biohazard bag and seal bag shut. Do not remove gauze pad.
- Fold the printed requisition form in half and place it inside the outer pocket of biohazard bag.
- Place the biohazard bag and <u>FROZEN</u> cold pack into the silver insulated envelope.
- Seal the silver insulated envelope closed and place inside the prepaid FedEx pack (be sure the pre-paid shipping label is attached).
- 6. Discard kit box and SST tubes appropriately.
- 7. Take the package to your nearest FedEx drop box or FedEx Express shipping location, OR call 1-800-463-3339 to schedule a FedEx pick up at your location.



ONLY SHIP SAMPLES MONDAY THRU THURSDAY



HOW TO GET YOUR RESULTS:

RESULTS ARE TYPICALLY PROCESSED WITHIN 14-21 DAYS

- As soon as your test has been processed, a secure link will be sent to the email you provided when placing your order. You will then be instructed to create a username and password to download your encrypted Victus⁸⁸ results report.
- 2. If you purchased a **results consultation with your test kit**, your results email will contain a link to schedule your 15-minute telehealth visit with a Licensed Medical Doctor.

FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT:

BIOVISION DIAGNOSTICS CLIENT SERVICES help@biovisiondx.com (618) 690-9555



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